

# Food Culture

Taiwan is famous for its cuisines and delicacies. You will find a wide selection of restaurants and snacks around the campus. Differing from Western countries, people in Taiwan are used to restaurants that serve take-away bentos or quickly-made dishes. Average spending of a single meal ranges between NT 30 and 100 dollars. You can also find restaurants that are more decent or high-class near the campus. The following provides some useful information sorted by category:

## 1. Chinese style breakfast:

People in Taiwan take breakfast seriously. Chinese style breakfast is among students' favorites. In addition to clay oven rolls, steamed stuffed buns, pan-fried dumplings, soybean milk and rice milk, there are also Chinese omelets and milk tea. Some people also enjoy having bowl rice cake or rice ball.

(1) Jing Pin Soybean Milk: famous for its Chinese omelets and home-made sauce. Address: No. 516, Dingjhong Road (on the opposite right of the Dingjhong entrance, next to Guan Hua Drugstore).

(2) Cheng Guan Soybean Milk: comfy and clean interior. Also offers midnight snacks. Address: No. 369, Dingshan Road (on Tian Siang Road, next to Mr. Mark Bakery).

## 2. Western style breakfast:

Western style breakfast in Taiwan differs remarkably from Western countries. Hamburgers and sandwiches bear more resemblance to Western breakfast, while dishes such as omelets, milk tea and coffee milk are examples of localized western dishes. Make sure to give them a try.

(1) Ma Ji Brunch: offers a wide selection of hamburgers. Price is reasonable. Muffin hamburgers and rice hamburgers are recommended. Address: on Dingjhong Road (on the opposite right side of the Dingjhong entrance)

(2) Laya Hamburger: mainly offers hamburgers of Western style. The price is a bit higher (turn left from the Dingjhong entrance and go straight along Dingjhong Road).

(3) Daindain Hamburger: a combination of Chinese and Western fast food with reasonable price. It has its unique style in Southern Taiwan. (Turn right from the Dingjhong entrance and cross Tian Siang Road).

## 3. Chinese restaurants:

For lunch and dinner, people in Taiwan prefer rice and noodles. Generally, the price is very reasonable, and restaurants offer a wide selection of dishes. Pork chop rice, chicken leg rice and beef noodles are among the most common and famous dishes.

(1) Jiou Zhou Pork Chop Rice: one of the oldest bento restaurants around the campus, most famous for its pork chop rice and chicken leg rice. The rice is especially chewy (turn right from the Dingjhong entrance and go straight along Dingjhong Road).

(2) Hong Li Home Restaurant: one of the most popular home restaurants around the campus, most famous for its Japanese miso fish and stewed chicken leg, offers bento at NT 60 dollars, which includes four dishes of vegetables and one dish of meat, which is very reasonably priced. If you have a large appetite, make sure give it a try (turn right from the Dingjhong entrance and go straight along Dingjhong Road, and then go along Dingsin Road).

(3) Hai Zih Wang Dumplings: famous for its reasonably priced and delicious dishes of Northern Chinese style (No. 683, Dingjhong Road. Turn left from the Dingjhong entrance and go straight along Dingjhong Road).

#### 4. Western restaurants:

There are many high-class Western restaurants in Kaohsiung. The Riverbank Community near the campus is the best place to find one of these restaurants. In addition, there are various restaurants that offer Mexican style cuisines. However, prices may differ considerably, ranging between 250 or 300 and over 1,000.

(1) Pasadena French Restaurant: one of the most recommended French restaurants in Kaohsiung. Offers choice ingredients and a wonderful dining experience. Suitable for celebrations (No. 298, Heti Road, Sanmin District).

(2) Meson Espanol Hola: one of the famous Spanish restaurants in the Riverbank Community. Offers comfortable dining space and authentic Southern Europe cuisine (No. 578, Heti Road, Sanmin District).

(3) Don Burrito: offers typical South American style cuisine. Reasonably priced. Suitable for small gatherings (No. 528, Heti Road, Sanmin District).

(4) Oogenlust: famous for its pastoral-like environment and European style cuisine. Offers a dining experience of Northern Europe taste (No. 105, Sinhai Road, Zuoying District).

(5) Little Italy: offers authentic Italian pizzas and pasta. Don't forget to try the dessert and espresso (4<sup>th</sup> floor of the Hanshin Arena).

#### 5. Vegetarian and Islamic restaurants:

Taiwan is also famous for its vegetarian cuisine. For Muslims, in addition to Islamic restaurants, vegetarian restaurants are also a good choice.

(1) Huan Si Vegetarian Restaurant: one of the most famous vegetarian restaurants near campus. Noodles and spicy stinky tofu are highly recommended (No. 518, Dingjhong Road. Turn right from the Dingjhong entrance and go straight along Dingjhong Road).

(2) Tian Siang Chu Vegetarian Restaurant: vegetarian cafeteria. Offers a wide selection of dishes. Only 5 minutes of walking distance from the campus (No. 686, Dingjhong Road. Turn left from the Dingjhong entrance and go straight along Dingjhong Road).

(3) Shanghai Vegetarian Cuisine: all-you-can-eat vegetarian restaurant (6<sup>th</sup> floor of the Hanshin Arena, No. 777, Bo-ai 2<sup>nd</sup> Road, Zuoying District).

(4) Kingfisher Indian Curry Bistro: offers authentic Indian cuisine and Islamic dishes, personally made by Indian chefs (No. 484, Mengzih Road, Zuoying District).

## 6. Southeast Asian and Northeast Asian cuisine:

Taiwan is located at the intersection of Southeast Asia and Northeast Asia. Therefore, you will be able to find many exotic cuisines.

- (1) Linda Thai Food: located near the entrance of the HSR Zuoying Station, offers authentic Thai food. Very reasonably priced (No. 585, Chongsin Road, Zuoying District).
- (2) Kari Makcik: offers delicious Malaysian cuisine and tropical-style dining space (No. 320, Mengzih Road, Zuoying District).
- (3) Vietnam Saigon Coffee: the open design of the restaurant reminds visitors of the casual lifestyle and open view in Vietnam. Offers authentic Vietnam cuisine and Vietnamese coffee (No. 32, Mingren Road, Sanmin District).
- (4) I Lang Creative Sushi: located in the Fumin Road area famous for its restaurants. Offers creative Japanese style cuisine (No. 66, Fumin Road, Zuoying District).
- (5) Han Yue Korean Restaurant: one of the recommended Korean restaurants in Kaohsiung. Reasonably priced (No. 540, Dashun 1<sup>st</sup> Road, Zuoying District).

## 7. Café and Teahouse:

Tea culture is an important aspect of Taiwan's culture. Surprisingly, Taiwan also has a unique specialty coffee culture, which in some degree is similar to its tea culture. People in Taiwan tend to appreciate single-origin coffee with its aroma and taste. This is quite different from European coffee which is mostly brewed using mixed beans.

- (1) Havecca: located in the small lane opposite the University entrance (Minzu Road). Famous for its home-roasted coffee beans. If you are a first-time visitor, the owner will be glad to recommend a good cup of coffee for you (No. 8, Alley 8, Lane 168, Wunshou Road, Zuoying District).
- (2) Spring Tree Café: decorated with European countryside style, offers a pleasant view of garden and flowing water. Owl statues greet visitors from various spots. Enjoy a European style coffee experience here at Spring Tree Café (No. 592, Heti Road, Sanmin District).
- (3) Caffaina Coffee Gallery: if you are into the modern style of Starbucks coffee, then you must give Caffaina Coffee Gallery a try. Offers an experience of metropolitan, modern and cultural taste (located at the intersection of Mincheng Road and Guangsing Road).
- (4) B&B Teahouse: offers great experience in tea culture and a chance to appreciate pottery and ceramic art (No. 37, Lane 543, Minsyuan 1<sup>st</sup> Road, Sanmin District).
- (5) Chun Shui Tang Cultural Tea House: offers good tea, comfortable environment, great gathering experience, and traditional Chinese style interior design (No. 322, Heti Road, Sanmin District).